

RC GP 2025
ANNUAL
CONFERENCE
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9-10 October 2025 | ICC Wales, Newport

Joining instructions for in-person delegates

Please take time to read all of this document prior to arriving in Newport as it contains essential information that you need to know about the conference and venue.

Venue

ICC Wales
Coldra Woods
Newport, South Wales
NP18 1DE

What3Words: [///drives.shape.region](https://www.what3words.com/#!/drives.shape.region)

GPS position: 51.60279, -2.92915

[Visit the ICC Wales website](#)

Accommodation

MICE Concierge offers exclusive rates at nearby hotels, ensuring the best prices for all attendees. Booking through this official service is recommended as it's supported by the event and allows you to stay with other attendees, maximizing networking and social opportunities.

[Visit the MICE Concierge website](#)

Travel

Located just off Junction 24 of the M4 Motorway, ICC Wales is within easy reach whether you choose to travel by car, plane, public transport or on foot. However, to reduce your carbon footprint, we strongly recommend travelling by public transport where possible.

A free coach service will be available for all attendees, during peak times. Seats are available on a first-come, first-served basis. If your hotel is not being serviced, you're welcome to board at your nearest hotel stop. A 'walking bus' will also be available from the nearby hotels. For more information on the coach service and walking bus:

[View the coach information and timetable.](#)

Event opening times

Wednesday 8 October	16:00-19:00 (badge collection only)
Thursday 9 October	07:45-17:55
Friday 10 October	08:00-17:45

Collect your badge in advance to avoid queuing on arrival, early access is from 16:00-19:00 on Wednesday 8 October. Please note, the registration area will be shared with another event on Wednesday, please go to the RCGP self-service scanners on arrival.

Registration and badge

For quick and efficient registration and to reduce crowding, please have your e-ticket ready on your smartphone or device to scan your barcode and print your badge at a self-service scanner. Staff will be available to assist with any questions. Please wear your badge at all times.

Speakers

If you're a speaker, please go to the speaker preview room (meeting room 7, ground floor) after collecting your badge.

All speakers should visit the speaker preview room at least 2 hours prior to the start of the session they are presenting. Please ensure you bring your presentation slides with you on a USB / memory stick. Please note, you will not be able to preview your presentation in the conference room ahead of your session.

Pre-booked sessions

You will receive an email 1 week before the event with a final confirmation of your booked sessions.

Your pre-booked sessions are printed on the back of your name badge. Please note, your booked place will be held for 2 minutes after the session start time during the conference. After this point, your place will be made available to onsite delegates on a first-come, first-served basis.

If you haven't pre-booked any sessions, or if you wish to swap, please go to your desired session on the day to check for seat availability.

Please note that priority is given to those delegates who have pre-booked.

Conference app

The official RCGP Annual Conference 2025 app is available for download, helping you navigate through the conference with ease. Install the app on your phone or mobile device and access all conference information in the palm of your hand.



To login to the app enter the email address you registered with and create a password to sign in. If you have previously attended the Annual Conference, you will need to use the same password or click the reset password button.

You will need the app to:

- Submit questions for the speakers to answer during sessions
- View the full conference agenda (both the formal and informal programmes) and room locations
- Access the interactive exhibition floorplan
- Browse the ePoster programme
- Receive important update notifications on the day

We won't be offering printed agendas on the day, so it's important you download the app before the conference to help you find what you need on the day.

Please note that session bookings are now closed. Priority is given onsite at the conference to those delegates who have pre-booked. If you haven't booked sessions or wish to swap, please queue at your desired session on the day to check for seat availability.

Please note that the app is only available to delegates that have registered for the event, please use the same email address you registered with to gain access.

Conference programme

Please note, we will not be offering printed agendas. A full agenda will be available to view on signage at the venue.

Download the app or [visit the website to view the programme](#).

This year, before and after the formal conference programme and during break slots, join us in the Connect Lounge (located in the exhibition hall near the College stand), or attend the RCGP Fringe (situated on the second-floor mezzanine) for community-led sessions, latest updates and initiatives. No pre-booking required, just make a note of a session you'd like to attend and drop in. [View the conference programme for full details](#).

Sponsored sessions

This event is made possible by sponsorship from organisations including pharmaceutical companies, med tech companies and service providers, none of which have influenced the event content or the choice of speakers. Sessions delivered with input from these organisations are marked as such on the programme.

Make the most of your refreshment and lunch breaks with our exciting lineup of sponsored sessions! Taking place in the exhibition hall mini theatres during all breaks. No prebooking required, available on a first-come, first-served basis. Highlights include:

Thursday 9 October	
10:50	SS.4 - Sponsored Session - Prostate Cancer Screening Reconsidered: Pathways, PSA, Primary Care and Potential future developments, sponsored by Prostate Cancer
13:35	SS.8 - Sponsored session - Dexcom - Managing Diabetes in General Practice: The Current and Future Uses of CGM as a part of the Generalist's Tool Kit
13:50	SS.5b - Sponsored session - Medical Protection Society - Get Protected - Beyond State Indemnity
16:00	SS.13 - A Vision for GP Practices and End of Life Care – Best Clinical Practice Now and in the Future, followed by the Marie Curie Daffodil Standard Awards

Friday 10 October	
11:00	SS.15 - Sponsored session - MDDUS - Protecting yourself from compassion fatigue
11:35	SS.17 - Sponsored session - Abbott Nutrition - Supporting Your malnourished Patients with GI Symptoms of intolerance: A Primary Care Approach
11:35	SS.18 - Sponsored session - SOMOS - Value Based Care is Putting GPs Back in the Driver's Seat
12:45	SS.19 - Sponsored session - Lyme Resource Centre - Identifying and managing Lyme disease - The 'New Great Imitator' – it's more than skin deep
12:45	SS.21 - Sponsored session GMC - Tackling unprofessional behaviours in the workplace

15:20	SS.28 - Sponsored session MPS Indemnity - AI in Clinical Medicine: Medicolegal Considerations
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General information

Accessibility

Find out what we're doing to make the event more accessible, [visit our website](#).
If you have any questions or require further support, please email rcgp@wonderly.agency.

We will have green lanyards on site for anyone with accessibility requirements, they can request them at registration.

Badge scanning and data sharing

Your delegate badge may, with your permission, be scanned by exhibiting companies in the exhibition hall and at sponsored sessions. If you allow your badge to be scanned, you agree for those companies to contact you about their products, events and/or services - some of which may be promotional in nature, this overrides any previous opt outs given at the time of registration. If you do not wish to be contacted by our exhibiting companies you have the right to not have your badge scanned when visiting stands in the exhibition hall or attending sponsored sessions. You can withdraw your consent at any time by contacting the sponsor.

Cancellation

We regret that any cancellations or no shows will be charged the full registration fee. Substitutions may be made without penalty but must be received in writing by email to rcgp@wonderly.agency prior to the event.

Certificates

Attendance certificates will be emailed within 10 working days of the conference, to attendees who have completed the post-event survey.

CPD certificates for basic life support will be given at the end of the session, and for safeguarding sessions will be emailed within 10 working days of the conference.

Presenter certificates for Oral and ePoster short talks will be emailed to presenting authors within 10 working days of the conference.

Cloakroom

The cloakroom is provided at no charge to participants however, please note that items are left at your own risk. There is limited space for luggage, so it is strongly recommended that luggage is left at hotels.

ePosters

ePosters will be displayed via digital screens located in the exhibition hall and via the official conference app. Posters are searchable by poster number, topic and author. Delegates can contact authors via a button on the app and digital screens.

In addition to the ePoster display, there are two different sets of poster presentations:

Oral presentations: 10 minute presentations with slides, taking place throughout the conference in the exhibition hall mini theatres.

ePoster short talks: 6 minute presentations, where the presenting author discusses their poster with other delegates, taking place in the exhibition hall ePoster area.

ePoster winners will be announced at 17:30 on Thursday 9 October via the conference app. The winners will each give a short presentation from 13:55 in mini theatre 1.

Emergency procedures

In case of an emergency evacuation, venue staff will guide all attendees to the nearest and safest exit.

Exhibition

We have an extensive industry exhibition at the RCGP Annual Conference 2025. Full details of the companies exhibiting can be found on the [conference website](#) and app. Please ensure you take the time to visit the stands and engage with our exhibitors.

Insurance

Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions. The conference does not cover individuals against cancellation of bookings or theft of belongings. We recommended not bringing any luggage to the venue, unless essential. Cloakroom storage is limited and left at your own risk.

Live streaming and on demand

All live streamed sessions will be available to watch on demand for 6 months post-event until 10 April 2026. Live streamed sponsored sessions will not be available on demand.

The basic life support and interactive sessions will not be live streamed and are only available to in-person delegates.

Lunch and refreshments

Refreshments and lunch will be available in the exhibition hall for all attendees and is included in the cost of your registration fee. If you haven't made us aware of any dietary requirements (e.g. intolerances, allergies) at the time of registration, please let us know immediately on rcgp@wonderly.agency. We will endeavor to accommodate late requests. Whilst every care is taken, the ICC Wales cannot guarantee that their kitchens are an allergen free environment, nor guarantee the processes used by their ingredient manufacturers. Allergen champions will be wearing yellow aprons at the catering stations, please approach them for assistance if you have an allergy or any questions.

The conference lunch offers a choice of one option from the below menu. Please note that due to logistical constraints, we cannot fulfill requests for alternative meals.

Thursday 9 October

- 1. Minted Welsh lamb kofta, harissa rice, spiced mint yoghurt (D,G)
- 2. Sweet and sour chicken with Cantonese style sauce and steamed rice (G,S,C)
- 3. Sweet potato and cauliflower albondigas, smoked paprika rice (Ve,S,SD)
- Dessert: Mixed berry Eton mess, chickpea meringue (Ve,S,SD)

Friday 10 October

- 1. Beef penne bolognese in a rich tomato passata (W)
- 2. Chicken chasseur, with mushrooms and onions, thyme roasted potatoes
- 3. Red Thai pumpkin curry with rice (Ve,Sd)
- Dessert: Chocolate brownie, raspberry cream (Ve,S)

Gluten allergy: (W) Wheat | Other allergy: (C) Celery, (D) Dairy/milk, (S) Soya, (SD) Sulphur dioxide | Lifestyle: (VE) Vegan

Lost property

If you have a lost or found item, please visit the front desk where ICC Wales staff can assist you.

Mobile phone and electronic devices

As a courtesy to speakers and fellow delegates, you are kindly asked to switch all mobile and handheld devices to silent / do not disturb mode during sessions. Video, audio and photographic recording of presentations on any device is not permitted.

Multi-faith room

Located in the atrium near registration. We're committed to creating a space that respects and honours the diverse needs of our attendees. A multi-faith room is available onsite for anyone who requires a quiet, private space for prayer or reflection. The room is designed to accommodate individuals from all faiths and belief systems, offering a peaceful environment for meditation, worship, or quiet contemplation during the conference.

Networking, social events, and wellbeing activities

There are a number of fantastic networking, social and wellbeing events taking place. Visit the [conference website](#) or download the conference app for details.

If you've booked to attend the social event on Thursday 9 October, you'll receive a separate reminder email with joining information. Refunds are no longer possible at this stage, if you wish to cancel please email rcgp@wonderly.agency.

Parent room

Located on the ground floor in meeting room 8 and available during conference hours. This space (recommended for under 18 months) is designed for the care of young children by their parents/guardian. The room includes soft play, sensory toys, a baby changing mat, small fridge and microwave. Live streamed sessions will be available to watch in the room.

If your partner/childcare provider will be assisting with child care, they should collect a badge from the enquiries desk on arrival. Please note the companion ticket will only allow access to the baby room, it does not allow access to the conference sessions or the exhibition hall.

Phone device charging

Charge your device during the plenary sessions in the auditorium – there are plug sockets and USB charging points (as well as writing desks) at every seat. Please bring your own charger.

Photography and video production

There will be photography and/or video production taking place during the conference and the resulting images may be used for promotional purposes online and/or in printed materials. If you have any objections to being photographed and/or filmed, please advise the organisers at the registration desk.

Places to eat

We're delighted to offer all ICC Wales delegates discounts on dining. Enjoy up to 15% off food and 10% off beverages (terms and conditions apply) for tables seating up to eight guests. Please show your conference badge or confirmation email.

[Visit the ICC Wales website for a list of participating restaurants.](#)

Quiet room

Located in meeting room 5 on floor 1. This quiet and sensory space is designed for anyone who needs to take themselves away from the event. Please feel free to come here to regulate and de-escalate. Please be mindful of others, this is not a meeting space. The quiet room will be open between 9:10 - 17:30 on both days.

RCGP stand

The College stand is located in the exhibition hall. It's a key focal point, offering lots of opportunities to connect with colleagues and the wider GP community. Visit the stand to

access advice, guidance and support from your professional home; or link up with your local faculty representative and find out how you can get involved. You will also find spotlight areas: find out if Fellowship is for you, and learn about our Advocate and Special Interest Groups (SIG).

You can also find out more about the sessions running in the Connect Lounge and RCGP Fringe. [View the conference programme for full details.](#)

Security

The College and ICC Wales want to ensure that every visitor has a safe and enjoyable time at the venue. To facilitate this, they have highly-trained teams in place as well as certain measures designed to provide comfort and reassurance for all.

Visitors to ICC Wales may have their bags searched. We therefore ask you to consider keeping bags and possessions to a minimum. Please also consider the size of your bag, no larger than a laptop bag is advisable. Large bags and suitcases may be searched. In some instances, detection dogs may be seen around the venue prior to and during events.

Name badges must be worn at all times and to gain access to sessions.

Seating

Seating areas and quiet spaces are available throughout the venue.

There are also two dedicated seating areas located inside the exhibition hall, in front of the catering space located near the front entrance and near the Wellbeing zone.

Social media

We'd love to see your pictures and hear your feedback of your experiences – remember to use the hashtag #RCGPAC and #TeamGP. You can follow the Royal College of General Practitioners social channels to stay updated on what's going on, and connect with our community and your peers. Join us on X [@RCGP](#), Facebook [@RCGP](#) and on Instagram [@royalcollegeofgps](#). Stay up to date on the conference via X [@RCGPAC](#) and Facebook [@RCGPAC](#).

Social Event

If you have registered for the Social event you will receive your ticket in a separate email.

Sustainability

The conference is working towards limiting its impact on the environment through careful consumption of energy and resources. Find out more by [visiting our website](#).

Toilets

Toilets are located on all floors of the venue.

Water stations

Water stations are available in the atrium (ground floor) and near the quiet room (first floor). Help us be more sustainable by bringing your own refillable water bottle.

Wellbeing zone

Escape the hustle and bustle at our Wellbeing zone. Relax with calming audio on headsets, sink into comfortable beanbags, and unleash your creativity on the colouring wall.

WiFi

Free WiFi is available.

Network: RCGP 2025 WiFi

Password: rcgpac25

Questions?

If your query hasn't been answered or you'd like a member of the team to help you, please email rcgp@wonderly.agency before the event or visit the enquiries desk onsite.