What’s new for 2016?

The new session streams and colour-coding system should make it easy to find your way around this year’s packed schedule of learning and networking activities. We have also introduced in-depth 90-minute sessions and 40-minute quick-fire sessions to add variety to the mix.

You’ll find a super-sized map of the venue at the back of the handbook, and the full programme is available on our new, mobile-optimised conference website at rcgpac.org.uk

All of the 430-plus poster abstracts have been uploaded to the website for easy reference, with all available posters attached as PDFs.

Full videos of all plenary speakers will be published online and we will be keeping all College members up to date on events in Harrogate with breakfast and lunchtime email bulletins via our media partner GPonline.com.

We now have an official Twitter presence at @RCGPAC with the conference hashtag #RCGPAC, and you can have your say in sessions by using our new audience interaction tool Sli.do on any mobile device. Please do give us your feedback so we can continue to improve the conference.

### THE STREAMS

- **ENERGISING PRIMARY CARE**
- **CLINICAL LEARNING**
- **CLINICAL CHALLENGES**
- **RESEARCH AND INNOVATION**
- **CAMPAIGNING FOR GENERAL PRACTICE**
- **PRACTICE DEVELOPMENT**
- **MENTAL HEALTH FOCUS**
- **PROFESSIONAL EDUCATION**
- **CAREER DEVELOPMENT**
- **SUPPORTING DOCTORS**
- **SHORT PAPERS**

### THURSDAY 6 OCTOBER / DAY 1

**FRINGE AND EXHIBITION**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Venue</th>
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<tbody>
<tr>
<td>08.15-09.15</td>
<td>Not just a quick breath in… inhaler devices made easy Dr Steve Holmes Primary Care Respiratory Society UK</td>
<td>Queen's Suite 2</td>
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<td></td>
<td>International comparisons of primary care and health systems JIC, Vasco da Gama</td>
<td>Queen's Suite 3</td>
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<td></td>
<td>The Clinical Fellows programme as a role for young GPs Clinical Fellows, RCGP CIRC</td>
<td>Queen's Suite 1</td>
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<td></td>
<td>How we can support colleagues in distress Professor Clare Gerada</td>
<td>Ripley Room</td>
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**PLENARIES**

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
<th>Speaker/Details</th>
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<tbody>
<tr>
<td>09.30</td>
<td>Host’s introduction</td>
<td>Professor Nigel Mathers Honorary Secretary, RCGP</td>
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<tr>
<td>09.35</td>
<td>President’s welcome</td>
<td>Dr Terry Kemple President, RCGP</td>
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<tr>
<td>09.40</td>
<td>Chair’s address</td>
<td>Professor Maureen Baker Chair, RCGP</td>
</tr>
<tr>
<td>10.05</td>
<td>Getting serious about prevention – what does that mean for primary care and who can help us to do it?</td>
<td>Dr Arvind Madan Director of Primary Care, NHS England</td>
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<tr>
<td>10.30</td>
<td>General Practice Forward View – Making it a Reality</td>
<td>Dr Matt Kearney National Clinical Director for Cardiovascular Disease Prevention, NHS England</td>
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<tr>
<td>10.55</td>
<td>College address</td>
<td>Neil Hunt Chief Executive Officer, RCGP</td>
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**COFFEE AND EXHIBITION**

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>11.15-12.15</td>
<td>The digital disruption of healthcare: Using technology to improve healthcare on a global scale Sponsored by babylon</td>
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**CONCURRENT SESSIONS A**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>12.15-13.30</td>
<td><strong>Energising Primary Care</strong> A1 / Queen’s Suite 1</td>
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<tr>
<td></td>
<td>Medical improvisation, humour and the general practice consultation</td>
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<tr>
<td></td>
<td>Chair: Professor Kamila Hawthorne Vice-Chair, RCGP Council</td>
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<tr>
<td></td>
<td>Dr Waqar Ahmed GP and comedian</td>
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<td></td>
<td>Dr Roger Neighbour GP, author and communications expert</td>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>12.15-13.30</td>
<td><strong>Clinical Learning</strong> A2 / Auditorium</td>
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<tr>
<td></td>
<td>Essential Knowledge Updates and Challenges for 2016 – produced by GPs for GPs</td>
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<td></td>
<td>Chair: Professor Chantal Simon GP, Medical Director Professional Development RCGP</td>
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<td></td>
<td>Dr Thomas Round GP and RCGP EKU Development Fellow</td>
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<td></td>
<td>Dr Dirk Pilat GP and RCGP Medical Director for eLearning</td>
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<tr>
<td></td>
<td>Dr Chris Elles Chair, RCGP EKU and EKC Steering Group</td>
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<th>Time</th>
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<tr>
<td>12.15-13.30</td>
<td><strong>Clinical Challenges</strong> A3 / Ripley Room</td>
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<tr>
<td></td>
<td>Chronic kidney disease: Overdiagnosis or undertreatment? Getting it right for our patients</td>
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<td></td>
<td>Chair: Dr Terry Kemple President, RCGP Council</td>
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<tr>
<td></td>
<td>Dr Julian Treadwell Wiltshire GP and Vice-Chair RCGP Standing Group on Overdiagnosis</td>
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<td>Dr Kathryn Griffith RCGP Clinical Champion for Kidney Care</td>
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<td>Fiona Loud Policy Director, British Kidney Patient Association</td>
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Energising Primary Care
B1 / Ripley Room
Harnessing the energy of patients for the co-production of services

Chair: Dr Patricia Wilkie President and Chair, National Association for Patient Participation (NAPP)
Dr Jill Edwards GP Dean, Health Education England Thames Valley
Dr Katie Coleman GP, Clinical Lead Collaborative Care and Support Planning Programme, RCGP
Paul Devlin Chief Executive Officer, NAPP

Clinical Learning
B2 / Auditorium
Advances in gynaecological management in primary care

Chair: Professor Chantal Simon
GP, Medical Director Professional Development RCGP
Nick Panay Consultant Gynaecologist, Queen Charlotte's & Chelsea Hospital and Chelsea and Westminster Hospital
Professor Clare McKenzie Consultant Gynaecologist, Ninewells Hospital
Dr Carolyn Sadler GP in Women's and Sexual Health, Clifton Road Surgery, Ashbourne, Derbyshire
Philip Tooze-Hobson Consultant Gynaecologist, Birmingham Women's Hospital

Clinical Challenges
B3 / Queen's Suite 1
Towards better care of dementia in the community

Chair: Dr Steve Holmes
GP, Education Lead, Primary Care Respiratory Society UK
Dr Eugene Tang AiT and NIHR Doctoral Research Fellow, Newcastle University
Professor Louise Robinson GP and Professor of Primary Care and Ageing, Newcastle University
Dr Sam Creavin Welcome Trust Clinical Research Fellow, Bristol University

Practice Development
A6 / Queen's Suite 2
Demand and capacity: How understanding patient flow can help improve access to services

Chair: Fiona Dalziel Practice Management Consultant and Co-lead, RCGP General Practice Foundation
Dr Richard Lendon GP and Clinical Associate, SIT, NHS England
Dr Tom Marsh GP, Clinical Lead, SIT
Dr David Griffiths GP, Clinical Lead, SIT

Campaigning for General Practice
A5 / King's Suite
Five minutes to save general practice! What would you do?

Chair: Dr Tim Ballard
Vice-Chair, RCGP Council
Nick Panay Consultant Gynaecologist, Queen Charlotte’s & Chelsea Hospital and Chelsea and Westminster Hospital
Dr David Paynton RCGP Clinical Lead for Commissioning
Dr Patricia Wilkie President and Chairman, NAPP
Wendy Fairhurst Chair, RCN ANP Forum
Ravi Sharma Lead GP practice Pharmacist, Green Light Healthcare, London
Dr Elaine McNaughton Deputy Chair (Policy), RCGP Scotland

Research and Innovation
A4 / Queen's Suite 3
Research and teaching? But I'm too busy helping patients...

Chair: Professor Joanne Reeve
Associate Clinical Professor in Primary Care, Warwick Medical School
Dr Jess Drinkwater GP and NIHR Doctoral Research Fellow in the Academic Unit of Primary Care, University of Leeds
Professor Roger Jones Editor of the British Journal of General Practice
Dr Adam Firth Academic GP and member of the BJGP Editorial Board

SHORT PAPERS A
Mini Theatre 2, Exhibition Hall 12.15-13.15
Clinical, Adolescent Health and Education short papers
Chair: Dr John O'Kelly, Chair, RCGP Northern Ireland
The provision of end-of-life care in primary care: findings of a national survey Dr Sarah Mitchell
Changing presentations of scarlet fever in general practice Professor Simon de Lusignan
Supporting adolescents struggling with appearance-altering conditions: the feasibility of using an online psychosocial intervention (YP Face IT) in primary care Dr Heidi Williamson
‘Ending up a GP!’ Institutional slang and general practice at two UK universities Dr Simon Thornton
Introduction of an educational programme for residential healthcare workers Dr Jane Williams
Enhancing resilience in training through practice swaps Dr Elizabeth Alden

LUNCH, EXHIBITION AND SYMPOSIA
13.15-14.15
Respiratory Satellite Symposium Focus on advances in COPD management. Sponsored by Novartis-Pfizer Alliance
Day 1: ECG interpretation and getting it right. Day 2: 11.10-11.55 Friday 7 October – AF detection and stroke prevention. Funding for this educational programme has been provided by Bayer, Boehringer Ingelheim and Daiichi Sankyo. None of the companies has had any influence or input into its content. Pre-booked delegates only

CONCURRENT SESSIONS B1-9
14.15-15.45

90-MINUTE SESSIONS In-depth workshops running from 14.15-15.45
### Research and Innovation 14.15 - 14.55

**B4 / Queen's Suite 3**  
**The use of research data to inform quality improvement at practice level**

- **Chair:** Dr Imran Rafi, Chair, RCGP Clinical Innovation and Research Centre
- **Dr Janet Valentine:** Director, Clinical Practice Research Datalink
- **Dr Ralph Sullivan:** Clinical Lead, RCGP Patient Online, RCGP Clinical Innovation and Research Centre (CIRC)

### Campaigning for General Practice 14.15 - 14.55

**B6 / King's Suite**  
**The use of research data to inform quality improvement at practice level**

- **Chair:** Professor Maureen Baker, Chair, RCGP Council
- **Dr Jodie Blackadder:** RAF GP, RCGP First5 Committee
- **Professor Anthea Lints:** Director of Postgraduate General Practice Education at NHS Education for Scotland
- **Ian Biggs:** NHS England Director of Primary Care Transformation Programmes

### Campaigning for General Practice 15.05 - 15.45

**B7 / King's Suite**  
**How central funding strategies are disabling general practice in Scotland and England**

- **Chair:** Dr Tim Ballard, Vice-Chair, RCGP Council
- **Dr Helene Irvine:** Consultant in Public Health Medicine, NHS Greater Glasgow and Clyde

### Practice Development 14.15 - 14.55

**B8 / Queen's Suite 2**  
**Growing the GP nursing workforce and how Advanced Nurse Practitioners can enhance your practice team**

- **Chair:** Jenny Aston, ANP and chair, RCGP Clinical Innovation and Research Centre
- **Professor Simon de Lusignan:** Professor of Primary Care & Clinical Informatics, University of Surrey
- **Dr Matt Hoghton:** GP, Medical Director, RCGP CIRC
- **Chair:** Professor Maureen Baker, Chair, RCGP Council
- **Dr Jodie Blackadder:** RAF GP, RCGP First5 Committee
- **Professor Anthea Lints:** Director of Postgraduate General Practice Education at NHS Education for Scotland
- **Ian Biggs:** NHS England Director of Primary Care Transformation Programmes

### Campaigning for General Practice 15.05 - 15.45

**B9 / Queen's Suite 2**  
**The use of risk profiling to personalise care around the needs of patients**

- **Chair:** Dr Tim Ballard, Vice-Chair, RCGP Council
- **Dr Helene Irvine:** Consultant in Public Health Medicine, NHS Greater Glasgow and Clyde
- **Dr Pete Lane:** GP and Clinical Lead Advanced Training Practice Scheme, HEE Yorkshire and the Humber
- **Dr John Holden:** Joint Head of Medical Division, MDDUS

### SHORT PAPERS B

**Mini Theatre 2, Exhibition Hall 14.15-15.45**

Research short papers Chair: Dr Imran Rafi, Chair, RCGP Clinical Innovation and Research Centre

- **The RCGP Patient Safety Toolkit** Dr Rachel Spencer
- **‘I went off sick in a crisis’ – Exploring the barriers and facilitators to help-seeking by GPs living with mental health problems: a qualitative study** Johanna Spiers
- **General practitioners’ role in lowering risk of premature death in patients following self-harm: lessons from a nationally representative cohort study** Professor Carolyn Chew-Graham
- **‘It’s quite a tightrope that we walk.’ Why GPs are doing more blood tests: a qualitative study** Dr Jessica Watson
- **Patient participation in undergraduate medical education: development of an informative patient resource** Dr Caroline Allfrey
- **Online diabetes self-management education: a pilot study** Dr Shoba Poduval
- **Serious infection in the elderly primary care population: a GP interview study exploring the factors which influence diagnosis and decision to admit** Dr Gail Hayward
- **The long-term effects of a weight loss intervention and of oral glucosamine sulphate on incident knee OA in primary care** Dr Bastiaan de Vos
- **Improving risk factor management for patients with poorly controlled type 2 diabetes: a systematic review of non-pharmaceutical interventions in primary care** Dr Mark Murphy

### COFFEE AND EXHIBITION

**Mini Theatre 1, Exhibition Hall 15.45-16.45**

- **16.15-16.30** The digital disruption of healthcare: Using technology to improve healthcare on a global scale  
  Sponsored by babylon
### Energising Primary Care

**C1 / Queen's Suite 1**  
**Overdiagnosis: An opportunity to re-energise a generation of GPs?**

- **Chair:** Professor Joanne Reeve  
  GP, Associate Clinical Professor, Warwick Medical School
- **Dr Polly Duncan**  
  GP Trainee and NIHR Academic Clinical Fellow, University of Bristol
- **Dr David Spitzer**  
  First 5 Locum GP, North London
- **Dr Sally Higginsbottom**  
  GP Trainer, RCGP eLearning fellow, North London

### Clinical Learning

**C2 / Auditorium**  
**What's new in respiratory medicine in 2016? Top tips for management in primary care**

- **Chair:** Professor Kamila Hawthorne  
  Vice-Chair, RCGP Council
- **Dr Kevin Gruffydd-Jones**  
  GP, RCGP Clinical Lead Respiratory
- **Dr Steve Holmes**  
  GP, Education Lead, Primary Care Respiratory Society UK

### Research and Innovation

**C4 / Queen's Suite 3**  
**Winners' Enclosure: The Yvonne Carter award and category winners from the Research Paper of the Year awards**

This session will be co-chaired by:  
- **Dr Imran Rafi**  
  RCGP Chair of Clinical Innovation and Research
- **Dr Helen Stokes-Lampard**  
  Honorary Treasurer, Chair-Elect, RCGP

### Campaigning for General Practice

**C5 / King's Suite**  
**Lessons from the new models of care launching across the NHS**

- **Chair:** Dr Steve Mowle  
  Assistant Treasurer, RCGP
- **Dr Joanna Ledingham**  
  RCGP Clinical Innovation and Research Centre
- **Dr Sabina Shaik**  
  RCGP Clinical Innovation and Research Centre
- **Dr Keith Miller**  
  Leeds West CCG
- **Dr Carrie Ladd**  
  RCGP Clinical Innovation and Research Centre

### Clinical Challenges

**C3 / Ripley Room**  
**Stopping Over-Medication of People with Intellectual Disability (STOMP-ID)**

- **Chair:** Dr Matt Highton  
  GP, Medical Director, RCGP Clinical Innovation and Research Centre
- **Dr Gyles Glover**  
  Co-Director, Learning Disabilities Observatory Team, Public Health England
- **Dr Ken Courtney**  
  Consultant Psychiatrist, Barnet, Enfield and Haringey Mental Health NHS Trust
- **Dr Umesh Chauhan**  
  GP, Honorary Senior Research Fellow, University of Central Lancaster

### Practice Development

**C6 / Queen's Suite 2**  
**Making a difference: Using quality improvement methods to improve patient care**

- **Chair:** Fiona Dalziel  
  Practice Management Consultant and Co-lead, RCGP General Practice Foundation
- **Dr Joanna Bircher**  
  QI Clinical Lead, RCGP Clinical Innovation and Research Centre
- **Dr Bill Taylor**  
  QI Clinical Lead, CIRC

### Short Papers C

Audit and Practice Surveys, and Quality Improvement short papers Chair: Dr Tim Ballard, Vice-Chair, RCGP Council

- **Delays in specialist referral for new inflammatory arthritis: observations from the National Clinical Audit for Rheumatoid and Early Inflammatory Arthritis**  
  Dr Joanna Ledingham
- **Assessing the febrile child: are we adhering to NICE guidelines?**  
  Alice Lee
- **Barriers to GP identification of perinatal mental health problems**  
  Dr Carrie Ladd
- **Innovation in quality improvement of asthma care in children**  
  Dr Sabina Shaik
- **General practice leadership – improving quality of care for people living in care homes aligned to practices in Leeds West CCG**  
  Dr Keith Miller
- **Securing improvement together, through innovation, co-production, systems thinking and measurement**  
  Manjit Purewal

### Fringe Meetings

- **CPD Update: Paediatric basic life support training (and adult refresher)**  
  Jenny Aston  
  Advanced Nurse Practitioner and ILS Resuscitation Council trainer, RCGP Members only; numbers limited  
  Queen's Suite 3
- **Opportunities and support available for GPs considering working abroad**  
  Junior International Committee  
  Ripley Room
- **Meet the Chairs: RCGP Wales, Scotland and Northern Ireland**  
  RCGP Country Chairs  
  Queen's Suite 1
- **Inside General Practice Ethics: The ethics of survival and the ethics of flourishing**  
  RCGP Committee on Medical Ethics  
  Queen's Suite 2

### Evening Networking Events

- **The 1966 GP Contract Anniversary Reception**  
  Sponsored by The Cameron Fund  
  Mezzanine, Exhibition Hall
- **A1T and First5 Dinner**  
  The Pit, The Ginnel, Harrogate HG1 2RB

### Full Mobile Version Online

RCGPAC.ORG.UK
FRIDAY 7 OCTOBER / DAY 2

SPONSORED SYMPOSIA AND EXHIBITION
08.00-08.30 The way we do primary care in Wales is different Sponsoreby NHS Wales
08.00-08.30 CMF Breakfast Meeting Sponsoreby Christian Medical Fellowship

PLENARIES
08.45 Host's introduction Professor Kamila Hawthorne Vice-Chair, RCGP Council
08.50 Tackling community violence Professor Jonathan Shepherd Professor of Oral and Maxillofacial Surgery and Director, Violence Research Group, Cardiff University
09.15 Mind-blowing ways to boost your patient relationships Kate Allatt Inspirational survivor of stroke and locked-in syndrome
09.40 What sort of doctor? Professor David Haslam Chair, NICE
10.05 Ministerial address David Mowat MP Parliamentary Under Secretary of State for Community Health and Care, England
10.25 Plenary debate: This house believes that new models of care will spell the end of the ‘essence of general practice’ Chair: Dr Miles Mack Chair, RCGP Scotland Lead speakers: Dr Jenny Bennison Executive Officer, Quality, RCGP Scotland Dr Euan Paterson GP and council member RCGP Scotland

COFFEE AND EXHIBITION
11.00-12.00
11.10-11.55 Upsskilling Primary Care in AF detection, ECG interpretation and stroke prevention Dr Ravi Assomull Consultant Cardiologist Dr Yassir Javaid GPSI in Cardiology Day 1: ECG interpretation and getting it right. Day 2: AF detection and stroke prevention. Funding for this educational programme has been provided by Bayer, Boehringer Ingelheim and Daiichi Sankyo. None of the companies has had any influence or input into its content. Pre-booked delegates only
11.10-11.25 Prescribing and use of emollients in primary care Sponsored by Bayer
11.15-11.30 Physical Activity Clinical Champions’ Network Delivered by Public Health England Mini Theatre 2, Exhibition Hall
11.35-11.50 Caring for the military veteran: top tips for the busy GP Sponsored by NHS England Mini Theatre 1, Exhibition Hall

CONCURRENT SESSIONS D1-6
12.00-13.00
Energising Primary Care
D1 / King's Suite
Finding your inner physician
Chair: Dr Robina Shah Chair, RCGP Patient and Carers Partnership Group
Dr Roger Neighbour GP, author and communications expert

Clinical Learning
D2 / Auditorium
Whose illness is it anyway? The new NICE guidance on multimorbidity
Chair: Professor Chantal Simon GP, Medical Director Professional Development RCGP
Professor David Haslam Chair of NICE
Professor Bruce Guthrie Chair, NICE guideline committee for multimorbidity

Mental Health Focus
D3 / Queen's Suite 1
Safe and sound: Reducing risk in vulnerable patients
Chair: Liz Price Senior Risk Adviser, MDDUS
Alan Frame Risk Adviser, MDDUS

Professional Education
D4 / Ripley Room
Refreshing GP Training and Assessment in the Workplace
Chair: Dr Pauline Foreman Chief Examiner, RCGP
Dr Sue Cullis Associate Postgraduate Dean and Lead for QI teaching, HEE East Midlands
Dr Susan Hadley Programme Director, Leicestershire Partnership NHS Trust

Career Development
D5 / Queen's Suite 2
Physical activity and primary care: Are we practising or preaching?
Chair: Dr Jodie Blackadder RAF GP, First5 Committee
Dr Zoe Williams GP, Clinical Champion Physical Activity and Lifestyle, RCGP
Dr Dane Vishnubala GP, Clinical Champion Physical Activity, Public Health England
Dr Christine Haseler GP and GPSI Musculoskeletal Medicine

Supporting Doctors
D6 / Queen's Suite 3
Caring at the interface: Developing and delivering services at the interface between primary and secondary care
Chair: Dr John Holden Joint Head of Medical Division, MDDUS
Dr Ben Jameson Clinical director, Acute GP Service, Livewell South West
Dr Miles Mack Chair, RCGP Scotland
Carey Lunan Executive Official for Interface, RCGP Scotland

SHORT PAPERS D
Mini Theatre 2, Exhibition Hall 12.00-13.00
Service Delivery, International and Innovation short papers Chair: Dr Imran Rafi, Chair, RCGP CIRC
Effectuve practice in telephone calls between patients and GP receptionists Dr Rein Sikveland
GPs don't grow on trees – but can they be selected, educated or otherwise cultivated? Dr Sharon Spooner
RCGP skills exchange makes progress with family planning in Uganda – USHAPE Dr Claire Marie Thomas
Testing for parasitic infections in travellers and migrants with eosinophilia in primary care Dr Rebecca Hall
Varicose ulcer curability; let's look at those legs Dr Janet Massey
What does integrated renal care look like? Building a community service for east London Dr Sally Hull
**LUNCH, EXHIBITION AND SYMPOSIA**

- **13.05-13.20** Prescribing and use of emollients in primary care  
  Sponsored by Bayer  
  Mini Theatre 1, Exhibition Hall
- **13.10-13.55** Cardiovascular Satellite Symposium  
  Question Time: Overcoming the challenges of anticoagulation in atrial fibrillation for primary care. Organised and sponsored by Boehringer Ingelheim  
  King’s Suite
- **13.10-13.55** Nutritional Intolerance Satellite Symposium  
  Beta-casein variants in the management of cow’s milk protein and lactose intolerance. Sponsored by a2 Milk™  
  Queen’s Suite 1
- **13.30-14.00** The Importance of Blood Glucose Testing in Relation to Driving  
  Sponsored by Roche Diabetes Care  
  Mini Theatre 1, Exhibition Hall
- **13.30-13.45** The digital disruption of healthcare: Using technology to improve healthcare on a global scale  
  Sponsored by babylon  
  Mini Theatre 2, Exhibition Hall

**CONCURRENT SESSIONS**

**Energising Primary Care**

**E1 / Queen’s Suite 1**
Energising the profession through working at scale

- **Chair:** Dr Mike Holmes  
  RCGP Clinical Lead, Supporting Federations Programme
- **Dr Sohail Munshi**  
  GP Chair, Manchester Primary Care Partnership and Greater Manchester Association of GP Federations
- **Dr Vish Ratnasuriya**  
  Chair, Our Health Partnership, Birmingham
- **Dr Paul Myres**  
  Professional Lead Primary Care Quality and National Lead for Primary Care Development, Public Health Wales

**Clinical Learning**

**E2 / Auditorium**

**Dermatology: Practical tips on diagnosis, treatment and management in primary care**

- **Chair:** Dr Steve Mowie  
  Assistant Treasurer, RCGP
- **Dr Stephen Kownacki**  
  GP and Executive Chairman, Primary Care Dermatology Society
- **Dr Julian Peace**  
  GP and GP PSI in dermatology

**Energetising Primary Care short papers**

**Energising Primary Care short papers**

- The fall and rise of generalism: perceptions of generalist practice amongst medical students  
  Stephanie Tristram
- Could a salaried service deliver more sustainable conditions for a future GP workforce?  
  Professor Kath Checkland
- The global health exchange fellowship, a novel out of programme experience  
  Dr Gladys Obuzor
- Triumvirate Leadership Programme  
  Dr Martin Wilkinson
- Making frailty a priority  
  Dr Cat Roberts
- Transforming Intermediate Care  
  Dr Zalan Alam
- Working collaboratively – innovative and integrative care pathway for patients with Medically Unexplained Symptoms  
  Professor Andy Price
- Building GP networks to deliver better clinical care  
  Dr Jasmine Pawa
- Expansion is an opportunity for improvement: providing high-quality primary care provision for intermediate care patients  
  Ian Pawson
**Energising Primary Care**

**F1 / King’s Suite**

The Modern Primary Care: Leading, Learning and Improving

- Chair: Professor Kamila Hawthorne
  - Vice-Chair, RCGP Council
- Dr Asiye Yunus, GP, Associate Medical Director, Londonwide LMCs, Senior Clinical Quality Lead for the Transforming Primary Care Team, Healthy London Partnership
- Dr Durka Dougal, Head of Transformation, Southwark CCG, Public Health Consultant
- Dr Douglas Hing, GP, Clinical Director Merton CCG, Coaching for Health Lead Trainer
- Dr David Price, GP Programme Director, HEE North Central and East London

**Clinical Learning**

**F2 / Auditorium**

The NHS Diabetes Prevention Programme: Supporting behaviour change in those at high risk of type 2 diabetes

- Chair: Professor Nigel Mathers, Honorary Secretary, RCGP
- Tom Newbound, Programme Manager, NHS DPP, Public Health England
- Professor Jonathan Valabhji, National Clinical Director Diabetes and Obesity
- Dr Richard Mendelsohn, Clinical Head of Commissioning, Birmingham South Central CCG
- Dr Esther Dalton, Leeds GP and Leeds North CCG, Portfolio Lead for Diabetes

**Mental Health Focus**

**F3 / Queen’s Suite 1**

To prescribe antidepressants or not? The science and the craft

- Chair: Dr Liz England, GP and RCGP Mental Health Lead
- Dr Maryanne Freer, Programme Lead, Primary Care Mental Health Programme, Charlie Waller Memorial Trust
- Dr Sheila Hardy, Practice Nurse Educator, Charlie Waller Memorial Trust, Senior Research Fellow, Northamptonshire NHS Trust
- Professor André Tylee, Emeritus Professor of Primary Care Mental Health, King’s College London

**Professional Education**

**F4 / Queen’s Suite 2**

Re-energising your career and the value of lifelong learning

- Chair: Dr Susi Caesar, Medical Director for Revalidation, RCGP
- Dr Dirk Pilat, Medical Director for eLearning, RCGP
- Dr Clare Etherington, Clinical Lead for MAP, RCGP

**Career Development**

**F5 / Queen’s Suite 3**

Being a GP and a parent: The balancing act, the guilt and the way forward

- Chair: Dr Pippa Male, First5 Conference and Events Lead, RCGP
- Dr Jaz Dhillon, GP, GP appraiser and tutor, RCGP First5 representative
- Dr Shamila Wanninayake, GP, GP tutor, Chair of RCGP First5 Committee
- Dr Richard Pratt, GP Partner, Three Spires Medical Practice, Truro

**Supporting Doctors**

**F6 / Ripley Room**

Improving outcomes in CVD: What can we do differently in primary care?

- Chair: Dr Miles Mack, Chair, RCGP Scotland
- Dr Matt Keamney, National Clinical Director for CVD Prevention
- Dr Sarit Ghosh, GP and RCGP CVD Lead
- Professor Matthew Cripps, National Director, NHS RightCare
- Dr Chris Harris, GP and Long Term Conditions Lead, Bradford Districts CCG

**Fringe Meetings**

- Collaborative Care and Support Planning: Changing the conversation
  - Professor Nigel Mathers and Dr David Paynton
- Building Vibrant Faculties: How you and your Faculty can work together to energise primary care
  - RCGP National Faculty Office
- Exploding the myths around adolescent health
  - RCGP Adolescent Health Group
- CPD Update: Child Protection Level 3
  - Dr James Burden, RCGP Members only; numbers limited

**Evening Networking Events**

- 19.30-late
  - Gala Dinner
  - The Royal Hall, Ripon Road, Harrogate HG1 2RD
**ENERGISING PRIMARY CARE**

**SATURDAY 8 OCTOBER / DAY 3**

**FRINGE MEETINGS**

- Making change happen: How to campaign for general practice  
  RCGP Campaigns Team  
  King’s Suite
- Progress on the ethics of sharing patient data  
  RCGP Health Informatics Group  
  Queen’s Suite 3
- GP Society Breakfast  
  Dr Jodie Blackadder  
  Queen’s Suite 2
- Can Virtual Reality enhance training for GPs? An interactive workshop on the use of VR in ethical dilemmas  
  Centre for Virtual Environments and the Professions  
  Queen’s Suite 1

**CONCURRENT SESSIONS G1-6**

**Research and Innovation**  
G1 / Auditorium  
The beginning and the end of general practice: What do doctors want?  
- Chair: Brigadier Robin Simpson  
  Dean of Defence Medical Services, Professor, Military Primary Health Care and Veterans Health University of Chester
- Dr Emma Clarke  
  Sessional GP, Keele University
- Dr Samuel Finnikin  
  GP and NIHR In Practice Fellow, University of Birmingham
- Dr Sharon Spooner  
  GP and Academic Clinical Lecturer, University of Manchester
- Dr Jonathan Leach  
  Chair, RCGP Midlands Faculty

**Practice Development**  
G2 / Queen’s Suite 1  
Unpacking the Ps: Pharmacists, paramedics and physician assistants in practices  
- Chair: Jenny Aston  
  ANP, Chair, RCGP General Practice Foundation Nursing Group
- Ravi Sharma  
  Lead GP Practice Pharmacist, Greenlight Healthcare, London
- Dr Ben Jackson  
  Senior Clinical Teacher, Academic Unit of Primary Medical Care, University of Sheffield
- Kevin Reid  
  Emergency Care Practitioner, Maryhill Group Practice, Elgin

**Mental Health Focus**  
G3 / Queen’s Suite 2  
The acceptability of metaphors in the management of people with Medically Unexplained Symptoms (MUS)  
- Chair: Dr Rebecca Payne  
  Chair, RCGP Wales
- Professor Carolyn Chew-Graham  
  Professor of General Practice Research, Keele University
- Professor Athula Sumathipala  
  Professor of Psychiatry, Keele University, Consultant Psychiatrist, South Staffs and Shropshire Foundation Trust

**Supporting Doctors**  
G6 / Ripley Room  
The Dragons’ Den: Could your idea change global health?  
- Chair: Dr Cemal Kavasogullari  
  GPST3 West of Scotland Deanery, Junior International Committee RCGP
- Dr Sandy Mather  
  Head of RCGP International
- Dr Liz Goodburn  
  Medical Director South & South East Asia, RCGP International
- Dr Win Zaw  
  General Secretary, GPs’ Society Myanmar Medical Association, CEO, Myanmar Academy of Family Physicians

**PLENARIES**

- 11.00 Host’s introduction  
  Dr Terry Kemple  
  President, RCGP
- 11.05 Chair-Elect’s address  
  Dr Helen Stokes-Lampard  
  Honorary Treasurer and Chair-Elect, RCGP
- 11.15 Research Paper of the Year  
  Winner interviewed by Dr Helen Stokes-Lampard  
  Honorary Treasurer and Chair-Elect, RCGP
- 11.30 Poster prizes and awards  
  Dr Helen Stokes-Lampard  
  Honorary Treasurer and Chair-Elect, RCGP
- 11.35 Sir Sam Everington  
  Chair, NHS Tower Hamlets CCG
- 12.10 President’s address  
  Dr Terry Kemple  
  President, RCGP

**CLOSE OF CONFERENCE**

12.30